

# TE ATATŪ INTERMEDIATE

## BEACH AND SURFING EDUCATION DAY

OREWA BEACH WITH NZ SURF ACADEMY.

As part of our Health and Physical Education curriculum, all of our students will be taking part in a specialised Beach and Surf Education programme during week 5 this term.

NZ Surf Academy is providing our students with a full day of surf safety, surf lessons, beach games and activities. These programmes enable students to develop more confidence and knowledge in the surf and provide important skills to stay safe in New Zealand's waters. Surfing will be done in waist high water, and students can wear a wetsuit (which acts as a buoyancy aid) and have a surfboard strapped to their ankle. The aim is to build the students' confidence within a safe environment.

The day includes:

- A group surfing lesson with qualified & enthusiastic surf instructors
- Beach safety & surf lifesaving talk
- Board handling, paddling & stance demonstration
- Beach games and other activities

In order for these trips to go ahead we require **8 parent helpers per day**, with supervision both in and out of the water. Please consider supporting us by coming along on this great day out! Please note: you may be required to get in the water with the children.

Buses will leave school at 9am and return at approximately 2.30pm. Students can come to school in their Kākahu no te kainga (clothes from home). There is no cost for this trip, the expense of this curriculum activity is covered by the school.

[\*\*PLEASE CLICK HERE TO COMPLETE THE PERMISSION FORM ASAP\*\*](#)

All equipment is provided, students and parent help will need to bring:

- Togs (no bikinis please unless worn with a rash shirt)
- Rash shirt / own wetsuit (a limited amount of wetsuits will be available)
- Towel
- A warm change of clothes
- Sunblock SPF30+
- A hat
- Morning tea, lunch and drink (there will be no facility to buy food)
- Footwear
- Any medication needed for the day (this will be handed to your child's teacher on the morning before departing)

It will be a fabulous day out and we thank you for your support.

